

Instructions for Otoplasty

PRE-OPERATIVE INSTRUCTIONS

Avoid any aspirin-containing or aspirin-related products as well as herbal medications and nutritional supplements.

Items needed for post-operative care:

- **Polysporin Ointment**
- **Hydrogen Peroxide**
- **Q-tips**
- **a light elastic headband**

POST OPERATIVE INSTRUCTIONS

1. The day after surgery, the dressing placed around your head will be removed and a new dressing will be applied.
2. A dissolvable type of suture has been placed behind the ears. This area will need to be cleaned two to three times per day with Q-Tips and Hydrogen Peroxide. After cleansing with Hydrogen Peroxide, the antibiotic ointment should be applied with a Q-Tip for the first week.
3. For the first day following surgery, the face may be washed with warm water and gentle soap. After the dressing has been removed, the hair may be gently shampooed as long as you are careful in and around the ears. It is advisable to reapply the antibiotic ointment after you have shampooed your hair each time for the first week.
4. The light elastic headband should be worn post-operatively after the dressing has been removed, for six weeks in the evening hours and at night. This is a preventative measure so the ears are not disturbed or traumatized while sleeping. It also aids in assisting the healing process to occur where the ears are positioned.

If you are concerned about anything you consider significant, please call our office at 717-728-1700.