

Instructions for ECO2 Pre-Treatment

The following instructions will help you prepare for your treatment day.

- Avoid sun exposure for approximately one week prior to your treatment. Wear a broad-spectrum sunscreen of at least SPF 30 to protect your skin. If you are spray-tanned, please exfoliate to help remove the tanning product in the treatment areas.
- Stop applying any "irritating" skin products at least on day prior to treatment.
- If the doctor has written any prescriptions for medications to be used after your laser treatment, have these filled by your pharmacist and available the day of your treatment.
- Eat a light breakfast the morning of your laser treatment.
- Have someone available to take you home after your treatment.

Arrive on time for your laser treatment with clean skin. Female patients should not wear any makeup/mascara, lotions, powders or perfumes on or around the areas being treated. Male patients can shave the morning of their treatment but should not apply lotions or aftershave on or around the areas being treated.

If needed, bring your eye glasses. Contact lenses should be removed prior to treatment.

Wear comfortable loose fitting clothes that can be buttoned or zipped up.