

Instructions for Cutera Xeo Laser

1. Makeup will be removed prior to treatment.
2. Eye protection will be worn by patient and staff.
3. No local or topical anesthesia is needed.
4. Following the laser treatment your skin will be pink. The pinkness usually fades in a few hours. Blistering after a laser treatment is rare but if you notice a blister apply antibiotic ointment to the area twice a day until healed. Call the office if this occurs.
5. For hair removal/reduction shave the area to be treated the day before the treatment. Do not wax or have electrolysis during the treatment period. The roots of your hairs (follicles) need to be intact for the laser to be effective. At least 6 treatments, four weeks apart, are needed for successful hair removal/reduction.
6. For face and leg veins, 2-4 treatments are needed to see the best results. Bring support stockings, tights or leggings to wear for 48 hours after having leg veins treated. The veins may look worse before they look better. It may take several weeks for any bruising or discoloration to fade.
7. A sunblock will be applied after the treatment. It is important to use a daily sunblock with an SPF of 15 or higher. Your skin will be more sensitive to the sun for a few weeks after your laser treatment. Re-apply sunblock often if outdoors for long periods of time. We have gentle sunblock for the face available for sale in our office.
8. Makeup may be applied after most laser treatments. Wash your face every night at bedtime and apply a gentle moisturizer for the first week after your treatment. We will recommend products for you to use. Avoid exfoliating products, Retin-A and other alpha hydroxy acids for a week following your treatment since your skin may be more sensitive during this time.
9. You may need additional treatments in the future to maintain your results. Hair reduction can be permanent or some patients. Veins can return and you may see new veins appear. Maintenance treatments can be done as needed to keep the spider veins to a minimum.
10. If any questions or concerns following your treatments call the office at 717-728-1700.