

CoolSculpting Treatment Consent

Science by Mass General*

The science behind the CoolSculpting procedure, called Cryolipolysis, was developed by world-renowned Harvard Medical School dermatologists at Massachusetts General hospital in Boston, MA. Their research showed that fat cells are naturally more vulnerable to the effects of cooling than other surrounding tissues, and that fat cells can be safely eliminated without harming the skin. This discovery led to the development of the non-invasive CoolSculpting Procedure.

Technology by ZELTIQ

ZELTIQ has developed an advanced medical device that utilizes this new discovery and is making it available to physicians specializing in cosmetic procedures.

*Co-invented by Dr. Dieter Manstein and Dr. Rox Anderson, Wellman Center for Photomedicine, affiliated with Massachusetts General hospital and Harvard Medical School.

The CoolSculpting procedure uses a non-invasive vacuum applicator to draw in tissue and deliver controlled

cooling at the surface of the skin. The procedure is for spot reduction of fat. It is not a weight-loss solution

and it does not replace traditional methods such as liposuction. Someone who is overweight can expect to

see less visible improvement than someone who has smaller fat deposits. Clinical studies have shown that

CoolSculpting will naturally remove fat cells but, as with most procedures, visible results will vary from person to person. Initial _____

What you can expect:

- The suction pressure may cause sensations of deep pulling, tugging and pinching. You may experience intense stinging, tingling, aching or cramping as the treatment begins. These sensations generally subside as the area becomes numb. Initial _____

- The treated area may look or feel stiff after the procedure and transient blanching (temporary whitening of the skin) may occur. You may feel a sense of nausea or dizziness as your body naturally warms and sensation returns to your treatment area. These are all normal reactions that typically resolve in minutes.

Initial _____

- Bruising, swelling, and tenderness can occur in the treated area and it may appear red for a few hours after the applicator is removed. Initial _____

- You may feel a dulling of sensation in the treated area that can last for several weeks after your procedure. Other changes- including deep itching, tingling, numbness, tenderness to the touch, pain in the treated area, strong cramping, muscle spasms, aching and/or soreness- also have been reported after a CoolSculpting treatment. Initial _____

- Patient experiences will differ. Some patients may experience a delayed onset of the previously mentioned occurrences. Contact us immediately if any unusual side effects occur or if symptoms worsen over time. Initial _____

- You may start to see changes as early as three weeks after CoolSculpting, and you will experience the most dramatic results after one to three months. Your body will continue to naturally process the injured fat cells from your body for approximately four months after your procedure. Initial _____

- You may decide that additional treatments are needed to reach your desired outcome. Initial _____

- In rare cases, patients have reported hardness, discrete nodules or enlargement of the treatment area. I understand that these and other unknown side effects may also occur. Initial _____

Do you have any of the following?:

- Cryoglobulinemia or paroxysmal cold hemoglobinuria.....Yes/No
- Known sensitivity to cold such as urticaria or Raynaud's disease.....Yes/No
- Impaired peripheral circulation in the area to be treated.....Yes/No
- Neuropathic disorders such as post-herpetic neuralgia or diabetic neuropathy.....Yes/No
- Impaired skin sensation.....Yes/No
- Open or infected wounds.....Yes/No
- Bleeding disorders or concomitant use of blood thinners.....Yes/No
- Recent surgery or scar tissue in the area to be treated.....Yes/No
- A hernia or history of hernia in the area to be treated.....Yes/No
- Skin conditions such as eczema, dermatitis, or rashes.....Yes/No
- Pregnancy or lactation.....Yes/No
- Any active implanted devices such as pacemakers and defibrillators.....Yes/No

Pictures will be obtained for medical records. If pictures are used for education and marketing

purposes, all identifying marks will be cropped or removed. Initial _____

As with most medical procedures, there are risks and side effects. These have been explained to me in detail. I have read the above information , and give my consent to be treated with the CoolSculpting by Dr. Stratis and his designated staff.

Print Name _____

Signature _____ Date _____

Witness _____ Date _____